Staying Safe Online

Practical tips when **at work**

Use a strong password

Long, strong and unique passwords are harder to crack.

Use a password manager

Securely store and manage your passwords. Create strong, unique passwords for each account without having to remember them all.

Recognise and report phishing

Reporting phishing helps authorities and organisations act against fraudulent schemes, preventing further victimisation and contributing to a safer online environment for everyone.

Update your software

Restarting your app or computer as soon as updates become available ensures you are protected promptly.

Be careful what you share online

Anything you share online can be accessed by a wide audience, potentially leading to privacy breaches, identity theft, and long-term consequences for your personal and professional life.

Talk about cyber security with your colleagues

Raise awareness, promote best practices, and help create a collective defence against potential threats, ensuring a safer and more secure working environment.